

CHC40508 Certificate IV in Mental Health

This qualification covers workers who provide a range of community services focusing on:

- Rehabilitation and support for people affected by mental illness and psychiatric disability
- Implementing community based activities focusing on mental health, mental illness and psychiatric disability, and
- Mental health promotion work.

Work may focus on engaging people with mental illness in community participation, prevention of relapse and promotion of recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care.

This qualification:

- Defines the knowledge and skills required by support workers and case workers who work autonomously under broad guidance
- Refers to specific knowledge of mental health issues and appropriate intervention processes applied in residential and community based settings.

Occupational titles may include:

- Community rehabilitation and support worker
- Community support worker
- Mental health outreach worker
- Mental health rehabilitation support worker
- Mental health support worker

PACKAGING RULES

15 units must be selected for this qualification including:

- 11 compulsory units
- 4 elective units

A wide range of elective units is available and may include:

- Relevant electives listed below the compulsory units for this qualification – these electives have been grouped to facilitate selection
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, units of competency packaged at this level or higher in other relevant Training Packages

Compulsory units

[CHCAOD402A](#) [Work effectively in the alcohol and other drugs sector](#)

[CHCCS400A](#) [Work within a relevant legal and ethical framework](#)

[CHCMH401A](#) [Work effectively in mental health settings](#)

[CHCMH402A](#) [Apply understanding of mental health issues and recovery processes](#)

- [CHCMH403A](#) [Establish and maintain communication and relationships to support the recovery process](#)
- [CHCMH404A](#) [Conduct assessment and planning as part of the recovery process](#)
- [CHCMH405A](#) [Work collaboratively to support recovery process](#)
- [HLTHIR403B](#) [Work effectively with culturally diverse clients and co-workers](#)
- [HLTHIR404B](#) [Work effectively with Aboriginal and/or Torres Strait Islander people](#)
- [HLTOHS300A](#) [Contribute to OHS processes](#)

AND one of the following units:

[CHCCS514A](#) [Recognise and respond to individuals at risk](#)

OR

[CHCCS521A](#) [Assess and respond to individuals at risk of suicide](#)

The importance of culturally aware and respectful practice

All workers undertaking mental health work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

Relevant electives

Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Electives may be selected from one or more groups. Employers may specify that certain electives are required to address specific workplace needs.

Alcohol and other drugs work

- [CHCAOD408A](#) [Assess needs of clients with alcohol and/or other drugs issues](#)
- [CHCAOD409D](#) [Provide alcohol and/or other drug withdrawal services](#)
- [CHCAOD411A](#) [Provide interventions for people with alcohol and other drug issues](#)

Addressing complex needs

- [CHCAOD510A](#) [Work effectively with clients with complex alcohol and/or other drug issues](#)
- [CHCCS401B](#) [Facilitate responsible behaviour](#)
- [CHCCS416A](#) [Assess and provide services for clients with complex needs](#)
- [CHCCS504A](#) [Provide services to clients with complex needs](#)
- [CHCMH408B](#) [Provide interventions to meet the needs of consumers with mental health and AOD issues](#)
- [CHCORG428A](#) [Reflect on and improve own professional practice](#)

Work in residential settings

- [CHCCS305A](#) [Assist clients with medication](#) (Note pre-requisite [HLTAP301A](#))
- [CHCCS419B](#) [Provide support services to clients](#)
- [HLTAP301A](#) [Recognise healthy body systems in a health care context](#)
- [HLTCSD306B](#) [Respond effectively to difficult or challenging behaviour](#)

Outreach and home based work

CHCAD401D	Advocate for clients
CHCCH410A	Manage and maintain tenancy agreements and services
CHCCH427A	Work effectively with people experiencing or at risk of homelessness
CHCCH427A	Work effectively with people experiencing or at risk of homelessness
CHCCH522A	Undertake outreach work
CHCCS403B	Provide brief intervention
CHCDIS301A	Work effectively with people with a disability
CHCDIS410A	Facilitate community participation and inclusion
CHCICS406A	Support client self-management
CHCICS407A	Support positive lifestyle
HLTRAH302A	Undertake home visits

Group and community based work

CHCCD402A	Develop and provide community education projects
CHCCD404D	Develop and implement community programs
CHCCD420A	Work to empower Aboriginal and/or Torres Strait Islander communities
CHCCS414A	Provide education and support on parenting, health and well being
CHCCS421A	Undertake community sector work within own community
CHCICS405A	Facilitate groups for individual outcomes
CHCNET404A	Facilitate links with other services
CHCPROM401B	Share health information
CHCPROM502B	Implement health promotion and community intervention
CHCPROM503A	Provide community focused promotion and prevention strategies

Working with children, youth and families

CHCCHILD404A	Support the rights and safety of children and young people
CHCCS414A	Provide education and support on parenting, health and well being
CHCRF402B	Provide intervention support to children and families
CHCYTH511A	Work effectively with young people and their families

Working with families and carers

CHCCS417A	Provide support and care relating to suicide bereavement
CHCCS426A	Provide support and care relating to loss and grief
CHCMH409A	Facilitate consumer, family and carer participation in the recovery process

Service coordination

CHCCOM403A	Use targeted communication skills to build relationships
CHCCS503A	Develop, implement and review services and programs to meet client needs
CHCORG406A	Supervise work
CHCORG423A	Maintain quality service delivery
CHCORG428A	Reflect on and improve own professional practice
CHCPOL404A	Undertake policy review

First aid

Note: one, two or three first aid units may be required, depending on work role

[HLTFA301B](#) [Apply first aid](#)

[HLTFA302A](#) [Provide first aid in remote situation](#) (Note pre-requisite: [HLTFA301B](#))

[HLTFA402B](#) [Apply advanced first aid](#) (Note pre-requisite: [HLTFA301B](#))

Administration and organisational support

[BSBINM201A](#) [Process and maintain workplace information](#)

[CHCCH426B](#) [Support client participation in the organisation](#)

[CHCNET402A](#) [Establish and maintain effective networks](#)

[CHCORG405C](#) [Maintain an effective work environment](#)

Financial literacy education electives

[CHCFLE301A](#) [Work with clients needing financial literacy education](#)

[CHCFLE302A](#) [Educate clients in fundamental financial literacy skills](#)

[CHCFLE303A](#) [Educate clients to understand debt and consumer credit](#)

Settlement work electives

[CHCSW401A](#) [Work effectively with forced migrants](#)

[CHCSW402A](#) [Undertake bicultural work with forced migrants in Australia](#)