

CHC40608 Certificate IV in Leisure and Health

This qualification addresses work in residential facilities and/or in community agencies and day centres and work under professional supervision within defined organisation guidelines or as sole practitioners.

These workers:

- Assist with design, implementation and evaluation of health and leisure activities and programs for clients in one or more sector areas
- May be responsible for other workers.

Occupational titles may include:

- Activities officer
- Community leisure officer
- Disability officer – day support
- Diversional therapy assistant
- Leisure officer
- Recreation activities officer

PACKAGING RULES

16 units must be selected for this qualification including:

- 13 compulsory units
- 3 elective units

A wide range of elective units is available and may include:

- Relevant electives listed below the compulsory units for this qualification – these electives have been grouped to facilitate selection
- At least one elective must be selected from the first group
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, units of competency packaged at this level or higher in other relevant Training Packages

Compulsory units

- [CHCCOM403A](#) Use targeted communication skills to build relationships
- [CHCCS400A](#) Work within a relevant legal and ethical framework
- [CHCCS401B](#) Facilitate responsible behaviour
- [CHCICS405A](#) Facilitate groups for individual outcomes
- [CHCOHS312A](#) Follow safety procedures for direct care work
- [CHCORG405C](#) Maintain an effective work environment
- [CHCRH401A](#) Work effectively in the leisure and health industry
- [CHCRH402A](#) Undertake leisure and health programming
- [CHCRH404A](#) Plan, implement and monitor leisure and health programs
- [CHCRH405A](#) Plan leisure and health programs for clients with complex needs
- [CHCRH406A](#) Apply knowledge of human behaviour in leisure activity programs
- [CHCRH407A](#) Apply sociological concepts to leisure and health
- [HLTAP401A](#) Confirm physical health status

The importance of culturally aware and respectful practice

All workers undertaking leisure and health work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:

[HLTHIR403B](#) [Work effectively with culturally diverse clients and co-workers](#)

[HLTHIR404B](#) [Work effectively with Aboriginal and/or Torres Strait Islander people](#)

Relevant electives

Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Employers may specify that certain electives are required to address specific workplace needs.

At least one (1) elective is to be chosen from the first group below.

General electives

1 elective is to be chosen from this group

(Note, one, two or three first aid units may be required, depending on jurisdiction)

[BSBINM201A](#) [Process and maintain workplace information](#)

[CHCCD404D](#) [Develop and implement community programs](#)

[CHCCD412A](#) [Work within a community development framework](#)

[CHCCHILD404A](#) [Support the rights and safety of children and young people](#)

[CHCCS422A](#) [Respond holistically to client issues and refer appropriately](#)

[CHCGROUP403D](#) [Plan and conduct group activities](#)

[CHCICS302A](#) [Participate in the implementation of individualised plans](#)

[CHCICS304A](#) [Work effectively with carers](#)

[CHCICS404A](#) [Plan and provide advanced behaviour support](#)

[CHCICS410A](#) [Support relationships with carers and families](#)

[CHCINF408C](#) [Comply with information requirements of the aged care and community care sectors](#)

[CHCORG525C](#) [Recruit and coordinate volunteers](#)

[HLTFA301B](#) [Apply first aid](#)

[HLTFA302A](#) [Provide first aid in remote situation](#) *(Note pre-requisite: [HLTFA301B](#))*

[HLTFA402B](#) [Apply advanced first aid](#) *(Note pre-requisite: [HLTFA301B](#))*

[SRCCRD007B](#) [Develop recreation programs](#)

[SRCCRO001B](#) [Assist with recreation games not requiring equipment](#)

Aged care

[CHCAC318A](#) [Work effectively with older people](#)

[CHCAC319A](#) [Provide support to people living with dementia](#)

[CHCICS303A](#) [Support individual health and emotional well being](#)

[SRCCRO009B](#) [Conduct a recreation program for older persons](#)

Disability

[CHCDIS301A](#) [Work effectively with people with a disability](#)

[CHCDIS302A](#) [Maintain an environment to empower people with disabilities](#)

[CHCDIS322A](#) [Support community participation and inclusion](#)

[CHCDIS507C](#) [Design and adapt surroundings to group requirements](#)

[SRCCRD006B](#) [Implement community inclusion processes for people with a disability](#)

[SRCCRO010B](#) [Conduct a recreational program for people with a disability](#)

Mental health

[CHCMH402A](#) [Apply understanding of mental health issues and recovery processes](#)

[CHCMH405A](#) [Work collaboratively to support recovery process](#)

Alcohol and other drugs

[CHCAOD402A](#) [Work effectively in the alcohol and other drugs sector](#)

Youth

[CHCYTH301D](#) [Work effectively with young people](#)

[CHCYTH505D](#) [Support youth programs](#)

Working with specific groups

[CHCCS422A](#) [Respond holistically to client issues and refer appropriately](#)

[HLTHIR403B](#) [Work effectively with culturally diverse clients and co-workers](#)

[HLTHIR404B](#) [Work effectively with Aboriginal and/or Torres Strait Islander people](#)

Community care

[CHCAC317A](#) [Support older people to maintain their independence](#)

[CHCHC311A](#) [Work effectively in home and community care](#)

[CHCICS304A](#) [Work effectively with carers](#)

[HLTRAH302A](#) [Undertake home visits](#)

Social housing / homelessness support electives

[CHCCH301A](#) [Work effectively in social housing](#)

[CHCCH427A](#) [Work effectively with people experiencing or at risk of homelessness](#)

[CHCCH522A](#) [Undertake outreach work](#)